



Heat Relief Kit Checklist

- Lunch/Tote Bag (insulated preferred)**
- Bottled water**
- Sunscreen (any size)**
- Lip Balm (+SPF preferred)**
- Small Towel/Cooling Wrap/Solid Grey Bandana**
- Pair of Socks**

*Bonus Items

- Insulated Water Bottles (the bigger, the better)**
- Sun Hats or Baseball Caps**
- Sunglasses**
- Cooling Neck Wraps**
- Aloe Vera Gel**
- Umbrellas**

Ready to deliver?
Call 602-282-0849



www.hsc-az.org

Scan to donate funds
for bottled water



Over 100,000 bottles
needed each month